

Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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Jenter 15-16 år 4 x 1 km

1	Surnadal IL lag 1 (89)			12:44			
	1 Inger Svanem	03:05 1	00:00	03:05 1	00:00		
	2 Ida Mogstad	03:03 1	00:00	06:08 1	00:00	0	
	3 Inger Svanem	03:23 1	00:00	09:31 1	00:00	0	
	4 Ida Mogstad	03:13 1	00:00	12:44 1	00:00	0	
2	Orkdal IL lag 1 (88)			13:45	01:01		
	1 Hanne Opphaug	03:05 1	00:00	03:05 1	00:00		
	2 Marie Strømsvik Evjen	03:26 2	00:23	06:31 2	00:23	-1	
	3 Hanne Opphaug	03:34 2	00:11	10:05 2	00:34	0	
	4 Marie Strømsvik Evjen	03:40 2	00:27	13:45 2	01:01	0	

Rindals-Trolls Sprintstafett
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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Betna IL / Aure IL Mix lag 1 (21)				07:08			
1	Kristoffer Sagli	00:01		00:01			
2	Njål Lundemo Aakvik	07:07		07:08			
Dalguten IL lag 2 (13)				08:35			
1	Ole Kristian Mogset	00:01		00:01			
2	Eslil Lystad Meås	08:34		08:35			
Dalguten IL lag 1 (9)				10:17			
1	Andreas Kvålsvold Møkkelgård	00:01		00:01			
2	Andreas Voldøien Syrstad	10:16		10:17			
IK Rindals-Troll lag 2 (10)				08:15			
1	Sigurd Fagerholt	00:01		00:01			
2	Jonas Romundstad	08:14		08:15			
IK Rindals-Troll lag 3 (15)				08:27			
1	Even Bakken	00:01		00:01			
2	Håvard Hyldbakk Solvik	08:26		08:27			
IK Rindals-Troll lag 1 (1)				09:05			
1	Edvard Bolme Fjerstad	00:01		00:01			
2	Martin Bolme Fjerstad	09:04		09:05			
IK Rindals-Troll lag 4 (17)				09:14			
1	Jøran Heggem	00:01		00:01			
2	Erik Løfald	09:13		09:14			
IK Rindals-Troll lag 5 (20)				11:03			
1	Sindre Bakk Solem	00:01		00:01			
2	Edvin Romundstad	11:02		11:03			
IL Nor lag 1 (3)				10:11			
1	Even Bjørkøy	00:01		00:01			
2	Håkon Lien Eithun	10:10		10:11			
Kyrksæterøra IL lag 1 (8)				07:24			
1	Jonas Wingan	00:01		00:01			
2	Morten Aunhaug	07:23		07:24			
Orkanger IF lag 1 (7)				09:48			
1	Håkon M Horsås	00:01		00:01			
2	Ragni Bonvik	09:47		09:48			
Orkdal IL lag 4 (16)				07:54			
1	Iver Slupphaug	00:01		00:01			
2	Nora Lund	07:53		07:54			
Orkdal IL lag 2 (11)				08:19			
1	Vegard M. Kristiansen	00:01		00:01			
2	Simen Meland	08:18		08:19			
Orkdal IL lag 1 (2)				08:40			
1	Arnt Johan Tungen	00:01		00:01			
2	Ole Erik Skålholt	08:39		08:40			
Orkdal IL lag 3 (14)				08:43			
1	Martin Bredesen Garberg	00:01		00:01			
2	Sivert Garberg Solligård	08:42		08:43			

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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Gutter 8-9-10 år 4 x 500 m

Orkdal IL lag 5 (18)				08:47			
1	Olve Tungen	00:01		00:01			
2	Magnus Høiseth	08:46		08:47			
Orkdal IL lag 6 (19)				09:17			
1	Samuel Vattengård	00:01		00:01			
2	Vegard Møkkelgård	09:16		09:17			
Surnadal IL lag 1 (5)				08:05			
1	Halvor Heggem Kvande	00:01		00:01			
2	Henrik Marius Laukli	08:04		08:05			
Surnadal IL lag 2 (12)				09:53			
1	Hans Petter Lundemo Solli	00:01		00:01			
2	Noa Sæterbø	09:52		09:53			
Tingvoll IL lag 1 (6)				08:34			
1	Sondre Hagen	00:01		00:01			
2	Eirin Bang Gjøl	08:33		08:34			
Øvre Surnadal IL lag 1 (4)				09:12			
1	Råg Rindal	00:01		00:01			
2	Hanne Fugelsøy	09:11		09:12			

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Gutter 15-16 år 4 x 1 km							
1	IK Rindals-Troll lag 1 (80)			10:51			
	1 Jostein Lilleløkken	02:32 2	00:08	02:32 2	00:08		
	2 Vebjørn Trønsdal Bævre	02:42 2	00:04	05:14 1	00:00	1	
	3 Jostein Lilleløkken	02:51 2	00:06	08:05 1	00:00	0	
	4 Vebjørn Trønsdal Bævre	02:46 2	00:03	10:51 1	00:00	0	
2	Surnadal IL lag 1 (82)			10:52	00:01		
	1 Vegar Brøske	02:37 3	00:13	02:37 3	00:13		
	2 Snorre Larsen	02:38 1	00:00	05:15 2	00:01	1	
	3 Vegar Brøske	02:54 3	00:09	08:09 2	00:04	0	
	4 Snorre Larsen	02:43 1	00:00	10:52 2	00:01	0	
3	Orkdal IL lag 2 (85)			11:17	00:26		
	1 Knut Anders Aunemo By	02:24 1	00:00	02:24 1	00:00		
	2 Fredrik Thomassen Røhme	03:02 5	00:24	05:26 3	00:12	-2	
	3 Knut Anders Aunemo By	02:45 1	00:00	08:11 3	00:06	0	
	4 Fredrik Thomassen Røhme	03:06 5	00:23	11:17 3	00:26	0	
4	Orkdal IL lag 1 (81)			11:21	00:30		
	1 Espen Løfshus Staveli	02:42 4	00:18	02:42 4	00:18		
	2 Vegard Selvnes	02:46 4	00:08	05:28 5	00:14	-1	
	3 Espen Løfshus Staveli	03:04 5	00:19	08:32 5	00:27	0	
	4 Vegard Selvnes	02:49 3	00:06	11:21 4	00:30	1	
5	Tingvoll IL lag 1 (83)			11:24	00:33		
	1 Bersven Røkkum	02:42 4	00:18	02:42 4	00:18		
	2 Magnus Asp Gjøvik	02:45 3	00:07	05:27 4	00:13	0	
	3 Bersven Røkkum	03:03 4	00:18	08:30 4	00:25	0	
	4 Magnus Asp Gjøvik	02:54 4	00:11	11:24 5	00:33	-1	
6	Meldal IL lag 1 (84)			12:38	01:47		
	1 Jonas Systad	03:00 6	00:36	03:00 6	00:36		
	2 Sondre Monsø	03:04 6	00:26	06:04 6	00:50	0	
	3 Jonas Syrstad	03:19 6	00:34	09:23 6	01:18	0	
	4 Sondre Monsø	03:15 6	00:32	12:38 6	01:47	0	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Jenter 13-14 år 4 x 1 km							
1	Kyrksæterøra IL lag 1 (78)			13:33			
	1 Ragnhild Wingan	03:07 1	00:00	03:07 1	00:00		
	2 Ane Sødal	03:28 3	00:10	06:35 1	00:00	0	
	3 Ragnhild Wingan	03:28 1	00:00	10:03 1	00:00	0	
	4 Ane Sødal	03:30 2	00:06	13:33 1	00:00	0	
2	Ytre Snillfjord IL lag 1 (77)			13:41	00:08		
	1 Lovise Berg	03:20 2	00:13	03:20 2	00:13		
	2 Pauline Forren	03:18 1	00:00	06:38 2	00:03	0	
	3 Lovise Berg	03:39 2	00:11	10:17 2	00:14	0	
	4 Pauline Forren	03:24 1	00:00	13:41 2	00:08	0	
3	Øvre Surnadal IL lag 1 (76)			13:53	00:20		
	1 Gine Fugelsøy	03:20 2	00:13	03:20 2	00:13		
	2 Sigrid Moen Bævre	03:20 2	00:02	06:40 3	00:05	-1	
	3 Gine Fugelsøy	03:40 3	00:12	10:20 3	00:17	0	
	4 Sigrid Moen Bævre	03:33 3	00:09	13:53 3	00:20	0	

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Gutter 13-14 år 4 x 1 km							
1	IK Rindals-Troll lag 2 (62)			11:09			
	1 Jonas Nergård Tørset	02:42 3	00:02	02:42 3	00:02		
	2 Jo Svinsås	02:40 1	00:00	05:22 1	00:00	2	
	3 Jonas Nergård Tørset	03:04 4	00:12	08:26 1	00:00	0	
	4 Jo Svinsås	02:43 1	00:00	11:09 1	00:00	0	
2	IK Rindals-Troll lag 3 (63)			11:38	00:29		
	1 Lars Olav Kirkholt	02:52 6	00:12	02:52 6	00:12		
	2 Aksel Norli	02:47 2	00:07	05:39 3	00:17	3	
	3 Lars Olav Kirkholt	03:03 3	00:11	08:42 4	00:16	-1	
	4 Aksel Norli	02:56 2	00:13	11:38 2	00:29	2	
3	Orkdal IL lag 3 (67)			11:43	00:34		
	1 Øystein Berdal	02:40 1	00:00	02:40 1	00:00		
	2 Erlend Wormdal Staveli	02:58 4	00:18	05:38 2	00:16	-1	
	3 Øystein Berdal	02:58 2	00:06	08:36 3	00:10	-1	
	4 Erlend Wormdal Staveli	03:07 5	00:24	11:43 3	00:34	0	
4	Orkdal IL lag 2 (66)			11:44	00:35		
	1 Martin Lund	02:41 2	00:01	02:41 2	00:01		
	2 Eivind Landsem	03:01 6	00:21	05:42 5	00:20	-3	
	3 Martin Lund	02:52 1	00:00	08:34 2	00:08	3	
	4 Eivind Landsem	03:10 6	00:27	11:44 4	00:35	-2	
5	Kyrksæterøra IL lag 1 (64)			11:56	00:47		
	1 Tore Berdal	02:50 4	00:10	02:50 4	00:10		
	2 Joakim Sødal	02:51 3	00:11	05:41 4	00:19	0	
	3 Tore Berdal	03:11 7	00:19	08:52 5	00:26	-1	
	4 Joakim Sødal	03:04 3	00:21	11:56 5	00:47	0	
6	Betna IL lag 1 (71)			12:09	01:00		
	1 Tore Grendal Gjerstad	02:54 7	00:14	02:54 7	00:14		
	2 Lars Reiten	02:59 5	00:19	05:53 6	00:31	1	
	3 Tore Grendal Gjerstad	03:10 5	00:18	09:03 6	00:37	0	
	4 Lars Reiten	03:06 4	00:23	12:09 6	01:00	0	
7	Aure IL lag 1 (75)			13:03	01:54		
	1 Toralf Neraas	02:51 5	00:11	02:51 5	00:11		
	2 Kasper Sagli	03:28 10	00:48	06:19 8	00:57	-3	
	3 Toralf Neraas	03:10 5	00:18	09:29 7	01:03	1	
	4 Kasper Sagli	03:34 10	00:51	13:03 7	01:54	0	
8	Orkdal IL lag 1 (65)			13:11	02:02		
	1 Ole Wormdal Staveli	03:10 9	00:30	03:10 9	00:30		
	2 Jo Amund Skålholt	03:17 7	00:37	06:27 9	01:05	0	
	3 Ole Wormdal Staveli	03:27 9	00:35	09:54 9	01:28	0	
	4 Jo Amund Skålholt	03:17 7	00:34	13:11 8	02:02	1	
9	IK Rindals-Troll lag 5 (69)			13:12	02:03		
	1 Hans Ole Røen Halle	02:54 7	00:14	02:54 7	00:14		
	2 Erlend Jonli	03:24 9	00:44	06:18 7	00:56	0	
	3 Hans Ole Røen Halle	03:23 8	00:31	09:41 8	01:15	-1	
	4 Erlend Jonli	03:31 9	00:48	13:12 9	02:03	-1	
10	Meldal Ski lag 1 (74)			13:40	02:31		
	1 Jon Inge Bjørkøy	03:17 10	00:37	03:17 10	00:37		
	2 Joakim Lystad Meås	03:22 8	00:42	06:39 10	01:17	0	
	3 Jon Inge Bjørkøy	03:32 10	00:40	10:11 10	01:45	0	
	4 Joakim Lystad Meås	03:29 8	00:46	13:40 10	02:31	0	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Gutter 13-14 år 4 x 1 km							
11	Bæverfjord IL lag 1 (72)			14:13		03:04	
1	Martinus Bævre Sollid	03:23 12	00:43	03:23 12	00:43		
2	Tore Andreas Engset Sollid	03:28 10	00:48	06:51 11	01:29	1	
3	Martinus Bævre Sollid	03:39 11	00:47	10:30 11	02:04	0	
4	Tore Andreas Engset Sollid	03:43 11	01:00	14:13 11	03:04	0	
12	IK Rindals-Troll lag 4 (68)			14:35		03:26	
1	Maren Høgholt	03:21 11	00:41	03:21 11	00:41		
2	Tølløv Heggem	03:44 12	01:04	07:05 12	01:43	-1	
3	Maren Høgholt	03:41 12	00:49	10:46 12	02:20	0	
4	Tølløv Heggem	03:49 12	01:06	14:35 12	03:26	0	
13	Bæverfjord IL lag 2 (73)			15:53		04:44	
1	Helge Fjærli	03:38 13	00:58	03:38 13	00:58		
2	Olav With Aasgård	04:03 13	01:23	07:41 13	02:19	0	
3	Helge Fjærli	04:01 14	01:09	11:42 13	03:16	0	
4	Olav With Aasgård	04:11 13	01:28	15:53 13	04:44	0	
14	IK Rindals-Troll lag 1 (61)			16:05		04:56	
1	Vetle Fosseide	03:38 13	00:58	03:38 13	00:58		
2	Romund Blakstad	04:08 14	01:28	07:46 14	02:24	-1	
3	Vetle Fosseide	04:00 13	01:08	11:46 14	03:20	0	
4	Romund Blakstad	04:19 14	01:36	16:05 14	04:56	0	
DNS	Tingvoll IL lag 1 (70)						
1	Sondre Løset						
2	Ane Asp Gjøvik						
3	Sondre Løset						
4	Ane Asp Gjøvik						

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Jenter 11-12 år 4 x 500 m							
1	Tingvoll IL lag 1 (57)			07:23			
	1 Live Røkkum	00:01 1	00:00	00:01 1	00:00		
	2 Hilde Vågen Roaldset	07:22 1	00:00	07:23 1	00:00	0	
2	Tingvoll IL lag 2 (58)			07:29	00:06		
	1 Gunhild Birgitte Beverfjord	00:01 1	00:00	00:01 1	00:00		
	2 Malin Bang Gjøl	07:28 2	00:06	07:29 2	00:06	-1	
3	Kyrksæterøra IL lag 1 (55)			07:59	00:36		
	1 Ann Marie Fjelnsetnes Langø	00:01 1	00:00	00:01 1	00:00		
	2 Alvilde Ulfsnes	07:58 3	00:36	07:59 3	00:36	-2	
4	Surnadal IL lag 1 (59)			08:47	01:24		
	1 Signe Larsen	00:01 1	00:00	00:01 1	00:00		
	2 Guro Beate Sæterbø	08:46 4	01:24	08:47 4	01:24	-3	

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Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Gutter 11-12 år 4 x 500 m							
1	Surnadal IL lag 1 (35)			06:03			
	1 Ragnhild Mogstad	00:01 1	00:00	00:01 1	00:00		
	2 Kristoffer Berset	06:02 1	00:00	06:03 1	00:00	0	
2	Bæverfjord / Betna Mix lag 1 (38)			06:30	00:27		
	1 Håvard Engset Sollid	00:01 1	00:00	00:01 1	00:00		
	2 Martin Lundemo Aakvik	06:29 2	00:27	06:30 2	00:27	-1	
3	Aure IL lag 1 (46)			06:32	00:29		
	1 Johan Neraas	00:01 1	00:00	00:01 1	00:00		
	2 Snorre Fævelen	06:31 3	00:29	06:32 3	00:29	-2	
4	Orkdal IL lag 3 (47)			06:33	00:30		
	1 Jan Inge Lynum	00:01 1	00:00	00:01 1	00:00		
	2 Tormod Aunemo By	06:32 4	00:30	06:33 4	00:30	-3	
5	Tingvoll IL lag 1 (34)			06:41	00:38		
	1 Simon Nebio Steinshamn	00:01 1	00:00	00:01 1	00:00		
	2 Sigurd Jerleif Beverfjord	06:40 5	00:38	06:41 5	00:38	-4	
6	Surnadal IL lag 2 (44)			06:49	00:46		
	1 Sindre Hyldbakk Kvande	00:01 1	00:00	00:01 1	00:00		
	2 Sivert Laukli	06:48 6	00:46	06:49 6	00:46	-5	
7	Orkdal IL lag 1 (31)			06:50	00:47		
	1 Martin Snildal Nygård	00:01 1	00:00	00:01 1	00:00		
	2 Marius Bysting	06:49 7	00:47	06:50 7	00:47	-6	
8	Meldal IL lag 1 (36)			06:57	00:54		
	1 Martin Syrstad	00:01 1	00:00	00:01 1	00:00		
	2 Sondre Sølberg Hoel	06:56 8	00:54	06:57 8	00:54	-7	
9	Orkdal IL lag 2 (41)			06:58	00:55		
	1 Håvard Mo	00:01 1	00:00	00:01 1	00:00		
	2 Øystein M. Kristiansen	06:57 9	00:55	06:58 9	00:55	-8	
10	Orkdal IL lag 4 (50)			07:03	01:00		
	1 Ole Martin Uthus	00:01 1	00:00	00:01 1	00:00		
	2 Lars Erling Steinshaug	07:02 10	01:00	07:03 10	01:00	-9	
11	Orkanger IF lag 4 (51)			07:12	01:09		
	1 Andreas Wiggen Evjen	00:01 1	00:00	00:01 1	00:00		
	2 Lars Bonvik	07:11 11	01:09	07:12 11	01:09	-10	
12	Orkanger IF lag 3 (37)			07:14	01:11		
	1 Lars Ebbesen	00:01 1	00:00	00:01 1	00:00		
	2 Mats B. Pedersen	07:13 12	01:11	07:14 12	01:11	-11	
13	IL Nor lag 1 (32)			07:21	01:18		
	1 Jon Vegard Grut	00:01 1	00:00	00:01 1	00:00		
	2 Roger Lien Eithun	07:20 13	01:18	07:21 13	01:18	-12	
14	IK Rindals-Troll lag 1 (30)			07:27	01:24		
	1 Håken Heggem	00:01 1	00:00	00:01 1	00:00		
	2 Torstein Heggem	07:26 14	01:24	07:27 14	01:24	-13	
15	IK Rindals-Troll lag 2 (42)			07:28	01:25		
	1 Jonas Jonli	00:01 1	00:00	00:01 1	00:00		
	2 Ole Heggem	07:27 15	01:25	07:28 15	01:25	-14	

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Gutter 11-12 år 4 x 500 m							
16	Kyrksæterøra IL lag 1 (53)			07:29		01:26	
1	Daniel Kaald Estrin	00:01 1	00:00	00:01 1	00:00		
2	Ådne Bjørkøy	07:28 16	01:26	07:29 16	01:26	-15	
17	Orkanger IF lag 2 (43)			07:30		01:27	
1	Odd Even Rindalsholt Ross	00:01 1	00:00	00:01 1	00:00		
2	Markus S. Buan	07:29 17	01:27	07:30 17	01:27	-16	
18	Dalguten IL lag 3 (49)			07:56		01:53	
1	Erling Ustad Hove	00:01 1	00:00	00:01 1	00:00		
2	Marius Kirkholt	07:55 18	01:53	07:56 18	01:53	-17	
19	Orkanger IF lag 1 (33)			08:18		02:15	
1	Jennifer Volden	00:01 1	00:00	00:01 1	00:00		
2	Kjell S. Slupphaug	08:17 19	02:15	08:18 19	02:15	-18	
20	Dalguten IL lag 1 (40)			08:21		02:18	
1	Olav Lilleås	00:01 1	00:00	00:01 1	00:00		
2	Jonathan Aas	08:20 20	02:18	08:21 20	02:18	-19	
21	Kyrksæterøra / Ytre Snillfjord lag 1 (39)			08:25		02:22	
1	Erik Sebastian Hoftun Bjerksæter	00:01 1	00:00	00:01 1	00:00		
2	Nils Forren	08:24 21	02:22	08:25 21	02:22	-20	
22	Dalguten IL lag 2 (45)			10:07		04:04	
1	Stian Bjørnås	00:01 1	00:00	00:01 1	00:00		
2	Guri Gunnes	10:06 22	04:04	10:07 22	04:04	-21	
23	Dalguten IL lag 4 (52)			11:23		05:20	
1	Asle Ysland Hove	00:01 1	00:00	00:01 1	00:00		
2	Espen Sørmo	11:22 23	05:20	11:23 23	05:20	-22	

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Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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Jenter 8-9-10 år 4 x 500 m**Dalguten IL lag 2 (29)****11:00**

1	Amalie Aas	00:01		00:01			
2	Magnhild Lilleås	10:59		11:00			

Dalguten IL lag 1 (27)**14:58**

1	Hanne Gunnes	00:01		00:01			
2	Kristine Gunnes	14:57		14:58			

IL Nor lag 1 (24)**09:46**

1	Marit Østhus	00:01		00:01			
2	Marit Bjørkøy	09:45		09:46			

Orkdal IL lag 1 (23)**10:23**

1	Maria Landrø Monsen	00:01		00:01			
2	Siri Mo	10:22		10:23			

Orkdal IL lag 2 (28)**13:11**

1	Marte Bysting	00:01		00:01			
2	Trine Bysting	13:10		13:11			

Surnadal IL lag 1 (25)**09:55**

1	Kristin Lundemo Solli	00:01		00:01			
2	Siri Heggset	09:54		09:55			

Tingvoll IL lag 1 (26)**08:10**

1	Kristin Bergslid	00:01		00:01			
2	Lina B. Meisingset	08:09		08:10			

Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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Menn Senior - 4 x 1 km

1	IK Rindals-Troll lag 1 (99)			10:50			
1	Lasse Skjølvold	02:47 1	00:00	02:47 1	00:00		
2	Pål Sande	02:29 1	00:00	05:16 1	00:00	0	
3	Lasse Skjølvold	02:57 1	00:00	08:13 1	00:00	0	
4	Pål Sande	02:37 1	00:00	10:50 1	00:00	0	

Rindals-Trolls Sprintstafett
Resultatliste

09.02.2011

Class	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
Gutter junior 4 x 1 km							
1	Meldal Ski lag 1 (97)			09:56			
	1 Andreas Kvam	02:22 1	00:00	02:22 1	00:00		
	2 Ole Nicolaisen	02:32 2	00:10	04:54 2	00:10	-1	
	3 Andreas Kvam	02:30 2	00:01	07:24 1	00:00	1	
	4 Ole Nicolaisen	02:32 2	00:04	09:56 1	00:00	0	
2	Meldal Ski lag 2 (98)			09:57	00:01		
	1 Øystein Solligård	02:23 3	00:01	02:23 3	00:01		
	2 Knut Kåre A. Brøndbo	02:32 2	00:10	04:55 3	00:11	0	
	3 Øystein Solligård	02:29 1	00:00	07:24 1	00:00	2	
	4 Knut Kåre A. Brøndbo	02:33 3	00:05	09:57 2	00:01	-1	
3	IK Rindals-Troll lag 1 (95)			10:01	00:05		
	1 Jo Trønsdal Bævre	02:22 1	00:00	02:22 1	00:00		
	2 Lars Bakken Røen	02:22 1	00:00	04:44 1	00:00	0	
	3 Jo Trønsdal Bævre	02:49 4	00:20	07:33 3	00:09	-2	
	4 Lars Bakken Røen	02:28 1	00:00	10:01 3	00:05	0	
4	Surnadal IL lag 1 (96)			10:12	00:16		
	1 Ole Sæterbø	02:23 3	00:01	02:23 3	00:01		
	2 Felix Hoem	02:33 4	00:11	04:56 4	00:12	-1	
	3 Ole Sæterbø	02:39 3	00:10	07:35 4	00:11	0	
	4 Felix Hoem	02:37 4	00:09	10:12 4	00:16	0	

Resultatliste

Plass	Lag	Etappe Tid	Etter	Total Tid	Etter	Endring	Status
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